



16th Annual Jump With The Stars Workshop

When: December 7, 2019
Where: Mason Intermediate School, 6307 S. Mason Montgomery Rd. Mason, OH 45040
Time: 9:00 - 4:00 Workshop / Judges training. Doors open at 8:00 am.
4:30 - 5:00 Staff Show

Join the Comet Skippers as we celebrate 16 years of the Jump With The Stars Workshop! The workshop will teach all levels of jump roping skills, from the very basic to advanced. Children and adults are all welcome to attend. Highly skilled jumpers will teach skills in single rope, double dutch, chinese wheel, long rope and DDC.

Staff: As we do each year, we will bring the brightest Stars from around the WORLD! The very best of the best will be HERE! We will enjoy staff from Canada, Japan, Korea and of course across the USA.

Judge Training: We will offer judge training for USAJR/AAU Level 1 and 2, and IJRU – Speed, Presentation, Required Elements and Difficulty. Level 2 Judge Certifications will be awarded to those who have completed the online training at least 2 weeks prior and pass the live training offered here.

Providing judges is a requirement for all teams when registering for competitions, so take advantage of having some of the best trainers and get qualified while your children are having fun! Please register your adults for judge training on the registration form. Judge trainees will have a lunch break. Please plan to purchase or bring your own lunch.

Coaches Training: We will again be providing a hands on coaches training session on Saturday during the workshop for those that want to learn jump rope skills and review teaching techniques. Please register coaches via the registration form. We will have a coaches round table discussion free to all on Sunday 9:00 am to 11:00 am.

Cost:

\$60.00 Workshop fee by 11/27/19, **\$75.00** after 11/27/19
\$30.00 Elite Workshop - Dec 8th fee by 11/27/19, **\$45.00** after 11/27/19
\$25.00 *NEW* National Ranking Speed Qualifier – Dec 6th fee by 11/27/19, **\$40.00** after 11/27/19
\$25.00 Judges Training
\$6.50 Subway deli lunch – optional for all participants, coaches, judge trainees
\$15.00 Extra T-shirt (t-shirt is included in registration fee)
Free Coaches Roundtable Discussion Dec 8th

For more information contact: Yvonne Hill (513) 235-2225 or ymhill611@gmail.com



Jump With The Stars ELITE Workshop

When: December 8, 2019
Where: Mason Intermediate School, 6307 S. Mason Montgomery Rd. Mason, OH 45040
Time: 8:00 am-12:00 pm

This workshop will teach **advanced** jump rope skills and each participant must have their coach's recommendation. Our talented staff will teach skills in speed, single rope, double dutch, chinese wheel, DDC and more. Jumpers must be **Level 3 or higher** to attend. We will have gymnastic instruction to assist jumpers with inserting gymnastic tricks into their routines as well as a speed and conditioning workout. This will be a great time for those with higher-level skills to be creative!

National and World Champion jumpers will teach this workshop. Patrick Clark and associates will provide professional gymnastic instruction.

\$30.00 Dec 8th fee by **11/27/19**, **\$45.00** after **11/27/19**

Coaches, please be sure to sign the participants' registration form to signify your approval of their participation in the Elite Workshop. Thank you.

For more information contact: Yvonne Hill (513) 235-2225 or ymhill611@gmail.com

National Ranking Speed Qualifier!

When: December 6, 2019
Where: Mason High School 6100 Mason Montgomery Rd. Mason, OH 45040
Time: 6:00 pm-9:00 pm*

This year we will offer an American Jump Rope Federation National Speed Qualifier on Friday, December 6th, 6:00 – 9:00 pm*. We will offer AMJRF members the opportunity to compete 1x30 SRS, 1x30 DU, Triple Unders, 1x180 SRS, 1x60 DDS and 4x30 DDS. Advanced registration is necessary. The jumper will need to identify if they desire to have the score certified and posted to the AMJRF US National Team Leaderboard. Certifying scores does require an additional cost. Please read email with directions as to how to register..

* We will use a Cattle Style jumping system. This event will run Friday evening beginning at 6:00 pm and we will end at 9:00 pm or as soon as all registered jumpers have completed their events. Please arrive by 6:00 pm so we are sure to include you in the competition.



Jump with the Stars Workshop 2019

**Fresh, filling, convenient lunch option includes:
6" subway sandwich, chips, fruit, cookie and drink.**

One lunch order form for each individual please.

Circle one: Participant Coach Judge Trainee Observer

Deadline for lunch orders: **Wednesday, November 27th.**

Name _____ Team or school: _____

Please Circle one:

6" Subway on fresh bread with cheese:

Ham Turkey BMT (Ham, Salami and Pepperoni) Veggie (variety of fresh veggies)

_____ Please do not put cheese on my sandwich

All lunches include: chips, fruit, drink and cookie

Condiment packets of lettuce, tomato, mustard and mayo will be available

We will also have pizza, hot dogs and assorted other concessions available for sale.

2019 Comet Skippers Jump with the Stars

December 6-8, 2019

Best Western Mason Inn

9665 S Mason Montgomery., Mason, OH 45040

Contact Front Desk: 513-336-7911

Double Queen Standard - \$79.00 / King Suite with fold out \$84.00

Breakfast Included / Indoor Pool

Hampton Inn and Suites Mason

5232 Bardes Rd, Mason, OH 45040

Contact: Dominique Springs 513-492-8585

Double beds \$99.00 King w/ foldout \$99.00

Breakfast included/Indoor pool

Holiday Inn Express

5100 Bardes Rd., Mason, OH 45040

Contact Front Desk: 513-387-6000

Double Queen Standard - \$105.00 / King Standard - \$112.00

Breakfast Included / Indoor Pool

Hyatt Place Cincinnati NE

5070 Natorp Blvd., Mason, OH 45040

Contact: Taylor Riesenberg-754-0003

Double w/ Fold Out - \$89.00 / King or Queen w/ Fold Out - \$84.00

Breakfast Included / Indoor Pool

Hilton Garden Inn

5200 Natorp Blvd Mason, OH 45040

Contact: Laura Adleta 513-204-6000 x 501

Double beds \$82.00

Breakfast \$3.00 per room per day

Indoor pool

Drury Inn & Suites

9956 Escort Drive Mason, OH 45040

Contact Julie Asbeck 513-826-3050

Two double beds \$95.00

Indoor pool

Breakfast and Evening Hdvs & Beverages included

Homewood Suites Mason

5325 Natorp Blvd

Mason, Oh 45040

Contact: Jeri Tappan 513-701-9300

Two double bed \$119.00 / King or Queen/Foldout sofa \$119.00

Breakfast included/Indoor pool

*****Make Sure To Mention You Are With the "Comet Skippers Jump with the Stars" When Reserving Your Hotel Rooms*****

Coaches Packet Check List

Number of Jumpers: _____ x \$60.00 = \$ _____
(\$75.00 after Nov. 27th)

Number attending Elite workshop: _____ x \$30.00 = \$ _____
(\$45.00 after Nov. 27th)

Number of Judge Trainees: _____ x \$25.00 = \$ _____

AAU/USAJR Level 1 _____ Level 2 _____

IJRU Speed _____ Presentation _____ Required Elements _____ Difficulty _____

National Ranking Speed Qualifier: # jumpers: _____. Do not include payment here. Complete registration through AMJRF.

Lunches for participants / observers / coaches / judge trainees _____ x \$6.50 = \$ _____

Extra T-shirt: _____ x \$15.00 = \$ _____

Total: \$ _____

Please make **one team check** made payable to the “Comet Skippers”

Team Name and City/State

Coach/s Name & email address