

2024 COMET SKIPPERS WINTER WORKSHOP

January 20, 2024

Where: Mason Elementary, 6307 S Mason Montgomery Rd, Mason, OH 45040

Doors Open: 8:30am

Jump Rope Workshop: 9:00am-4:30pm

Staff show: 4:00-4:30pm

Break those winter blues and join the Comet Skippers for a fun and fit New Year! If you are a competitive jumper, use this as a chance to put that final shine on your routines. If you are thinking about try outs, this is a great day to learn more about jump rope before trying out for a team. If you are new to jump rope and just want to come have fun – we have lots of that too!

This workshop will teach all levels of jump roping skills from the very basic to advanced. School aged youth and adults are all welcome to attend. Skills in speed, single rope, Double Dutch, Chinese Wheel, and long rope will be taught by highly skilled jumpers.

Registration Fee: \$50 through 1/11/24, \$60 beginning 1/12/24

Bring:

- A healthy lunch and a water bottle labeled with your name. Light concessions will be available.
- Jump rope if you have one. We will have them for sale for \$5 (licorice rope) or \$15 (beaded rope) if needed.
- Tennis Shoes that lace up
- Wear comfortable athletic shorts and t-shirt
- Long hair should be pulled back into ponytail
- Great attitude!!

To register or for more details visit: www.cometskippers.org



Looking for a fun EXPERIENCE to gift this holiday season instead of more STUFF!?

Look no further!!!